

Inner Cyclist cle outes

ABOVE THE FOXES DEN - Mountain Bike - Hard Red



Route Two

Above The Foxes Den

- From The Shepherds Rest Inn follow the Pennine Bridleway signs South West.
- 2. Track climbs and turns into large cobbled sets follow for 1km.
- **3.** Continue on Pennine Bridleway downhill on large cobbled sets follow for 0.8km.
- **4.** At the gate keep left and follow Hollingworth Lane uphill to gate and house on left.
- Filter Right off road onto Pennine Bridleway and follow large cobbled sets for 1.7km.
- **6.** Bridleway exits through houses turn Right and fork Right through gate and descend.
- 7. At the canal bridge turn Right onto towpath and follow for 1.4km.
- **8.** At the church on your right turn Left onto St Peters Avenue.
- At the crossroads head Straight On and follow steep climb of Inchfield Rd for 1.1km.
- **10.** The road turns into track follow track for 1.4km.
- 11. Take the Right bridleway path uphill and continue riding North East for 0.8km to Trig Point. (This section can be overgrown in parts and the path unclear; short sections will require cyclists to carry their bikes).
- **12.** At the Trig Point go through the gate and take the right hand bridleway over moorland.
- **13.** After 0.5km follow the bridleway Right off the hillside, this is easy to miss.
- **14.** The bridleway links into Limers Gate track follow for 2.5km to main road A681.
- **15.** Turn Left and follow A681 for 0.5km and turn Right onto Flower Scar Rd (track).
- **16.** Follow Flower Scar Road for 2.6km including descent to Tower Causeway.
- 17. Turn Left onto Tower Causeway and follow for 2km.
- **18.** At the junction turn Right onto A646 and follow for 1km.

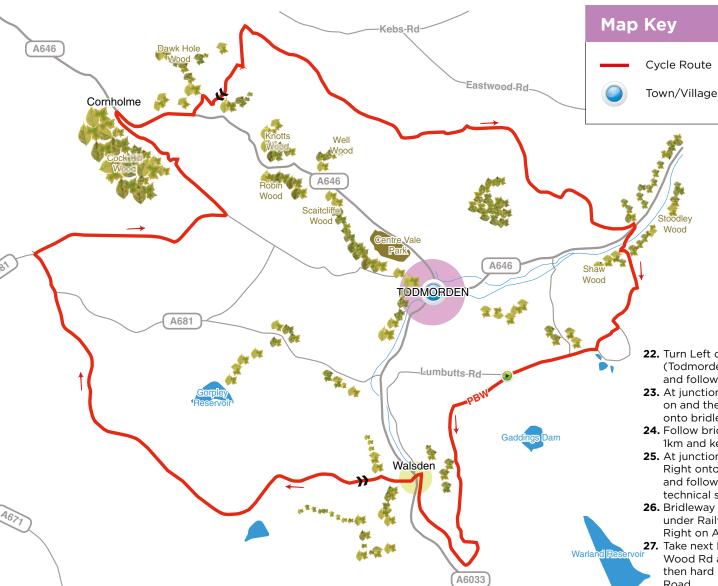
- **19.** Turn Left onto Pudsey Rd becomes Shore New Rd and follow climb for 1.8km.
- **20.** Turn Right onto bridleway and fork Left at farm house.
- **21.** Follow bridleway for South East for 2.1km ignore all major right turns.

22. Turn Left onto bridleway (Todmorden Centenary Way) and follow for 1.1km.

River

Road

- **23.** At junction continue straight on and then take Right fork onto bridleway.
- **24.** Follow bridleway downhill for 1km and keep left.
- **25.** At junction turn Left and then Right onto bridleway keep left and follow for 1.1km (ends with technical section)
- **26.** Bridleway exits onto road go under Railway Bridge and turn Right on A646.
- 27. Take next Left onto Shaw
 Wood Rd and follow for 1.9km
 then hard Right onto New
 Road.
- **28.** Follow New Road for 0.5km and turn Right onto Pennine Bridleway.
- **29.** Descend on cobbled sets to Top Brink Inn continue to follow Pennine Bridleway signs.
- **30.** At junction turn Right and follow road for 1km to Shepherds Rest Inn and finish.



Cycling in Calderdale

What's not to like about cycling in Calderdale?

Calderdale resembles the Alps or Pyrenees but on a much smaller scale, making it an ideal location for road cycling or mountain biking. Nestled in the South Pennines. Calderdale has steep valleys, affording challenging climbs and descents and the most beautiful, lush and glorious Yorkshire countryside with haunting landscapes like the breathtaking Hardcastle Crags.

The hilly terrain is home to Cragg Vale; a famous climb out of Mytholmroyd on the B6138. Popular with anyone practising for the never-ending slopes of the Alps or Pyrenees, this stretch has the longest steady incline of any road in England: 286m over five-and-a-half miles.

In 2011 Cragg Vale was highlighted by Sir Chris Hoy as one of his 'top ten perfect hills' although he was on his way down and not on his way up!

Calderdale is a glorious mix of urban and rural and whether you like your cycling steep and rocky, with great views and all-year rideability, or flat and easy through towns, alongside canals and public artwork - Calderdale has it all. What's not to love about Calderdale, it is mountain heaven and made for cycling.

For all non-cycling activity (yes there are such things!) taking place in Calderdale take a look at visitcalderdale. com or pop into one of our three visitor information centres.

Visitor Information

Halifax Visitor Information Centre: halifax@ytbtic.co.uk Tel: 01422 368725

Hebden Bridge Visitor Information Centre: hebdenbridge@ytbtic.co.ukTel: 01422 843831

Todmorden Information Centre: todmorden@ytbtic.co.ukTel: 01706 818181

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