

Inner Cyclist Cycle Routes

UPPER VALLEY LOOP - Family/Leisure Ride - Easy Blue

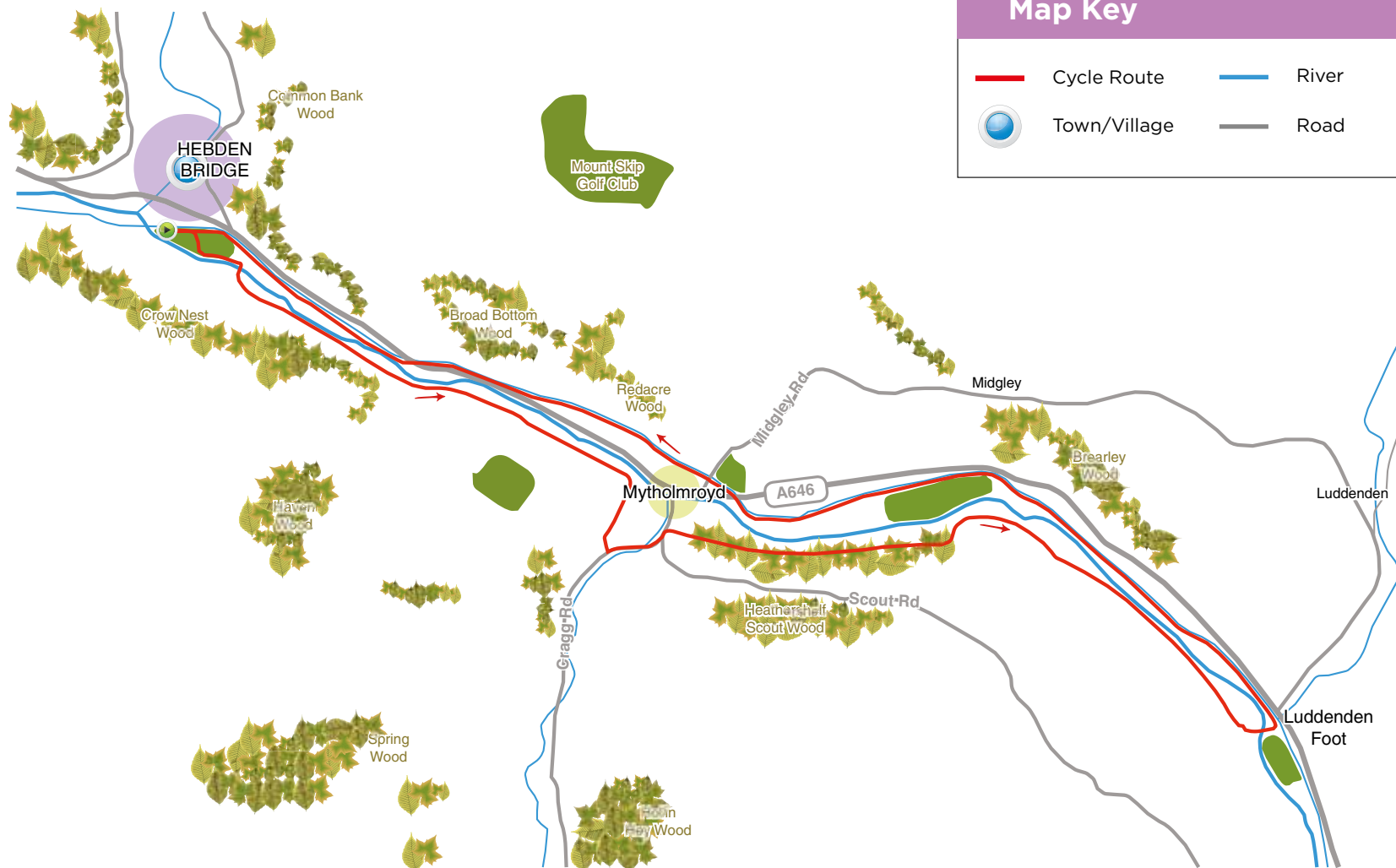
Distance: 6.9 miles | Elevation: 300 ft



Route Three

Upper Valley Loop

1. Start at the West Gates of Calder Holmes Park, Hebden Bridge.
2. Follow the left hand path into the park passing the steps on your left.
3. As the path opens take the right hand path past the skate park to the opposite corner of the park.
4. Turn right onto Station Road and follow to train station building passing front of building and down ramp.
5. Head straight on through the bollards and A-frame onto National Cycle Network Route 66.
6. Follow for 1km and continue straight on at crossroads, continue for 400m.
7. Merge onto Caldene Avenue and follow for 500m.
8. Turn Right onto Thrush Hill Road through the tunnel; keep left road turns into Stocks Lane.
9. At the junction turn left onto the B6138 Cragg Road, follow for 300m.
10. As you approach the traffic chicanes turn right up the train station ramp sign posted trains to Manchester and Blackpool. (Less confident cyclists may wish to dismount on the left and cross the road on foot).
11. Head up the ramp and continue onto NCN Route 66 through woodland for 1.3km.
12. Merge onto the road and follow to crossroads.
13. Continue straight on at crossroads and follow road for 300m.
14. Turn left onto the NCN Route 66 and follow for 1km.



15. As the cycle way exits onto Station Road turn right and follow to the Brandy Wine Pub.
16. Turn immediately left after the pub onto the canal towpath and follow for 2km.

17. Towpath exits onto Moderna Way, head straight over road and back onto towpath follow for 2km until meets A646 Burnley Road.
18. Cross over and pick up towpath on opposite of Burnley Road, continue for 1.1km back to start.

Cycling in Calderdale

What's not to like about cycling in Calderdale?

Calderdale resembles the Alps or Pyrenees but on a much smaller scale, making it an ideal location for road cycling or mountain biking. Nestled in the South Pennines, Calderdale has steep valleys, affording challenging climbs and descents and the most beautiful, lush and glorious Yorkshire countryside with haunting landscapes like the breathtaking Hardcastle Crags.

The hilly terrain is home to Cragg Vale; a famous climb out of Mytholmroyd on the B6138. Popular with anyone practising for the never-ending slopes of the Alps or Pyrenees, this stretch has the longest steady incline of any road in England: 286m over five-and-a-half miles.

In 2011 Cragg Vale was highlighted by Sir Chris Hoy as one of his 'top ten perfect hills' although he was on his way down and not on his way up!

Calderdale is a glorious mix of urban and rural and whether you like your cycling steep and rocky, with great views and all-year rideability, or flat and easy through towns, alongside canals and public artwork - Calderdale has it all. What's not to love about Calderdale, it is mountain heaven and made for cycling.

For all non-cycling activity (yes there are such things!) taking place in Calderdale take a look at **visitcalderdale.com** or pop into one of our three visitor information centres.

Visitor Information

Halifax Visitor Information Centre:
halifax@ybtbic.co.uk Tel: 01422 368725

Hebden Bridge Visitor Information Centre:
hebdenbridge@ybtbic.co.uk Tel: 01422 843831

Todmorden Information Centre:
todmorden@ybtbic.co.uk Tel: 01706 818181

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